

Elissa V. Pennington, OTD, OTR/L, CSRS

Phone: 251-610-8170 Email: epennington@southalabama.edu

Education

August 2024	Post-Professional Doctor of Occupational Therapy, Certificate in Teaching and Learning- <i>University of St. Augustine for Health Sciences</i>
December 2018	Master of Science in Occupational Therapy- <i>University of South Alabama</i>
May 2015	Bachelor of Science in Psychology- <i>Spring Hill College</i>

Professional Experience

March 2025-Present	Assistant Professor of Occupational Therapy University of South Alabama Department of Occupational Therapy Mobile, AL
August 2024- March 2025	Adjunct Professor of Occupational Therapy University of South Alabama <ul style="list-style-type: none">• OTD-647-101 OT & the Older Adult Experiential Learning• Assist with student interviews
February 2019-Present	Lead Occupational Therapist HCA Florida West Hospital – Pensacola, FL <ul style="list-style-type: none">• Occupational therapy services for adults in the inpatient, outpatient, and acute care settings• Specialize in neurological, adult patient population• Clinical Student Fieldwork Coordinator• Member of CVA Core Team

Licensure

State of Alabama - AL#5890
State of Florida – FL# OT19766

Certifications

2019-Present	National Board for Certification in Occupational Therapy (OTR)
2021- Present	Certified Stroke Rehabilitation Specialist- <i>Neurorecovery Unlimited</i>
2020-Present	Physical Agent Modality Certification
2025-Present	Basic Life Support—American Red Cross

Memberships

American Occupational Therapy Association
Alabama Occupational Therapy Association
Florida Occupational Therapy Association

Presentations

2024	<p><i>Therapy Services Provided Following Stroke,</i> Stroke Academy - HCA Florida West Hospital, Pensacola, FL</p> <ul style="list-style-type: none">• Interprofessional educational in-service
2022	<p><i>Effects of Sedative Drugs in Patients Receiving Occupational Therapy,</i> Florida Occupational Therapy Association Annual Conference 2022 – Clearwater, FL</p> <ul style="list-style-type: none">• Educational presentation
2022	<p><i>Evidence-based Evaluation and Treatment Approaches for the Stroke Population –</i> HCA Florida West Hospital, Pensacola, FL</p> <ul style="list-style-type: none">• Interprofessional, educational in-service

Awards

2024	2024 Outstanding Alumni Award – <i>Presented by University of South Alabama Department of Occupational Therapy</i>
2023	2023 Fieldwork Supervisor Award – <i>Presented by University of South Alabama Department of Occupational Therapy</i>
2023	Bee Award Winner – <i>HCA Florida West Hospital</i> <ul style="list-style-type: none">• Providing excellent patient care

Professional Development Courses

2025	Are we Approaching Cueing Correctly?
2025	How Do We Sustain Support for Stroke Survivors and Caregivers?
2025	Hemiplegic Shoulder Part 3: Interventions for Motor Control
2025	Hemiplegic Shoulder Part 2: Interventions
2025	Strategies to Integrate Functional into Rehabilitation Post Stroke
2025	Advanced Lessons in Stroke Rehabilitation: Shoulder, Pusher, and Neglect
2025	Arthroscopic Rotator Cuff Repair: Evaluation & Surgical Technique
2024	Women and Exercise: Clinical Implications & Considerations
2024	Potential Unleashed: ISCI and TBI Rehab
2024	Stroke Rehabilitation: The Advanced Interventions Course
2024	Hemiplegic Shoulder Part 1: Assessment
2024	Stroke in Young & Middle-aged Adults: Ages 18-64
2019-2024	Florida Laws Update for Occupational Therapists
2019-2024	Preventing Medical Errors for Clinical Health Professionals
2023	Facilitate, Force, and Function: Stroke Recovery for UE and LE applied
2023	Superior Rehabilitation: Using Practical Strategies for Aging Adults Part 1

2023	Neuropracticity: Your Guide to Applying Neuroplasticity
2022	2022 Comprehensive Stroke rehabilitation: Using Evidence to Guide Your Practice
2022	Neurologic Based Vision Conditions in Occupational Therapy
2021	Innovative Stroke and Neurological Rehab Treatment Approaches
2020	Incontinence: Practical Tips for the OT Practitioner Part 1 & 2
2020	Interventions Techniques for the Hemiplegic Upper Limb