



## SouthFit Hiring Packet

### University of South Alabama Department of Campus Recreation—SouthFit Job Descriptions

#### Job Title: Group Fitness Instructor, Part-Time

Requirements: Current group exercise certification or training from an accredited, nationally-recognized organization and experience leading group fitness classes. Please refer to SouthFit policies for a list of accredited or accepted certifications. Current CPR & AED certification required. First Aid certification a plus.

Primary Job Functions: Lead group fitness classes at the University of South Alabama's Student Recreation Center. Fitness classes will be offered on a semester basis and run concurrent with the academic calendar. Regular & prompt attendance; ability to work schedule as defined.

**All instructors who have taught less than one year with SouthFit will be required to teach a minimum of two weekends per month.**

Salary: \$12.00-\$17.00 per class based on experience and qualifications.

Report to: Sarah Schrenk, Fitness Coordinator. 251-460-7268

#### Job Title: Personal Fitness Trainer, Part-Time

Requirements: Current personal fitness trainer certification from an accredited, nationally-recognized organization and experience training clients. Please refer to SouthFit policies for a list of accredited or acceptable certifications. Current CPR & AED certification required. First Aid certification a plus.

Primary Job Functions: Train clients at the University of South Alabama's Student Recreation Center. Regular & prompt attendance; ability to work schedule as defined.

Salary: \$12.00-\$17.00 per session based on experience and qualifications.

Report to: Sarah Schrenk, Fitness Coordinator. 251-460-7268



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Name:	Date:
Mailing Address:	
City, State, Zip:	
Primary phone:	Other phone:
Email:	How often do you check it?
J#:	SSN (needed for payroll)
Emergency Contact:	Phone:
Relation to you:	

Education (list most recent):

College/University:	
Degree obtained:	Dates of Attendance:

Previous **Fitness** Experience (use the two most recent employers). **Leave blank if you have no experience in a fitness setting.**

Employer:	Dates of Employment:
Contact Person:	Phone:
Number of classes or clients per week:	
Reason for Leaving:	
Employer:	Dates of Employment:
Contact Person:	Phone or Email:
Number of classes or clients per week:	
Reason for Leaving:	

If you have **no experience in fitness**, please list two other professional references we may contact:

Employer:	Dates of Employment:
Contact Person:	Phone or Email:



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Employer:	Dates of Employment:
Contact Person:	Phone or Email:

**Fitness** Certifications or Trainings (up to three most relevant). Your certifications **MUST BE CURRENT**.  
**Please attach copies of your certifications (including CPR/AED).**

Cert:	Expiration Date:
Cert:	Expiration Date:
Cert:	Expiration Date:
CPR/AED Expiration Date:	
Please describe why you want to work at the Student Recreation Center:	

**USA Students, please check that you comply with all of the following:**

- I attest that I am enrolled at least half-time (6 hours undergraduate students, 3 hours graduate students) and am a degree-seeking student.
- I attest that I am at least 18 years of age.
- I understand that if I withdraw from the university, I must cease working immediately.
- I attest that I have read and understand the Personnel Policy for Student Employees, found under "Policies" in The Lowdown.
- I understand that during my first year of employment with the Student Recreation Center, I must work two weekends per month (group fitness instructors only).
- I understand that I must provide the proper I-9 documentation prior to hiring.

**USA Faculty/Staff, please check that you comply with all of the following:**

- I understand that if I cease my primary employment with the university, I must also cease working at the Student Recreation Center.
- I understand that for the first year of employment with the Student Recreation Center, I must work two weekends per month (group fitness instructors only).